

# New Boxer Checklist

**Form 21. One page per new athlete.** The coach hands this to the family at the free first class. Everything on it is done before the second class, except Part C, which only matters when an athlete moves toward sparring or competing. Tick the boxes as you go; the club keeps this page in the athlete's file. Every form named here is in the Forms Library at the gym and at [mjboxing.ca/membership](http://mjboxing.ca/membership).

Athlete: \_\_\_\_\_ Program: ☐ Foundations ☐ Youth ☐ Teen ☐ Girls  
☐ Competitive Team

## Part A. Every new boxer

### Forms to fill out and hand in.

- ☐ 01 Athlete Registration and Consent. Parent or guardian. Two emergency contacts other than you, health conditions, allergies, medications, any concussion history, and the consent signatures.
- ☐ 02 Media Release Form. Parent or guardian. Yes or no are both fine; we need the page either way.
- ☐ 03 Membership Application. One adult per household, \$20 a year, one per family no matter how many kids box.
- ☐ 04 Fee Acknowledgment and Payment Plan. Pick the program, pick e-transfer or cash, and write the monthly amount. Sibling discount goes on here.

### Have ready.

- ☐ Date of birth and something that proves it (birth certificate or health card) for the Boxing Saskatchewan registration later.
- ☐ Family doctor's name and phone if you want it on file (optional).
- ☐ First payment: the course fee, or the first month, by e-transfer to [info@mjboxing.ca](mailto:info@mjboxing.ca) or cash at the gym. If you are applying for cost help, skip this line and do Part B instead.
- ☐ Gym clothes, clean indoor shoes, a water bottle, and hand wraps. The club provides gloves to start.

## Part B. New boxer with funding (KidSport, Jumpstart, or the club's own cost help)

- ☐ Tell the coach or the Secretary you are applying. Your kid's spot is held and training starts now, not when the money arrives.
- ☐ 05 Community Youth Program Referral and Cost Help Request. Parent, or a school, counsellor, worker, or coach on the family's behalf. Confidential; it goes to the Secretary only and nobody on the gym floor is told how a spot is paid. Tick what would help: a free or subsidized spot, gear from the club pool, help applying to KidSport or Jumpstart, the Boxing Saskatchewan fee.
- ☐ On form 04, tick "KidSport grant applied for" or "Jumpstart grant applied for" and the amount you expect, so the ledger shows the fee as pending rather than owing.

☐ KidSport application (kidsportcanada.ca, Saskatchewan, Moose Jaw chapter). Up to \$750 per child per calendar year toward registration fees, paid to the club. Apply at least 30 days before the season; the last date for 2026 is December 11. Have ready: the most recent Notice of Assessment for every adult in the home (or a CRA Proof of Income Statement), assistance program documents if any, the Disability Tax Credit letter if you have one. Program to enter: MJ Boxing Inc., operating as Moose Jaw Boxing, with the program and fee from form 04 (for example Youth Academy, \$55 a month billed year round, or Foundations, \$175).

☐ Jumpstart application (jumpstart.canadiantire.ca). Up to \$300 per child per year toward fees and equipment, ages 4 to 18, families within Jumpstart's income guidelines. Apply before the program starts; decisions take six to eight weeks.

☐ Keep training while you wait. When a grant arrives the club applies it to the fees and tells you what, if anything, is left. If it does not cover everything, talk to Adam. No kid is turned away over money.

### Part C. Before sparring or competing (not needed for training-only athletes)

☐ 06 Boxing Canada Membership Application. Parent or guardian signs, Adam witnesses. Competitive category (Initiation, Junior, or Youth by birth year). First-time Initiation and Junior athletes, female athletes, and Aboriginal athletes may register free in 2026 while the credits last; otherwise \$70 to \$80, passed through at cost.

☐ 07 Boxing Canada Medical Form. A physician completes and signs it, dated within three months of registration. Ask the clinic about the cost when booking.

☐ 08 Sparring Readiness Acknowledgment. Parent or guardian and athlete, before the first sparring session. The coach signs that the registration and medical are on file.

☐ Gear for sparring: mouthguard and groin protection of your own; headgear and gloves from the club pool if you do not have them.

Later, one per trip: 09 Travel and Event Consent before each away event.

### Part D. Club use

Received by: \_\_\_\_\_ Date: \_\_\_\_\_

On file: ☐ 01 ☐ 02 ☐ 03, paid ☐ 04 ☐ 05 ☐ 06, sent to Boxing Sask ☐ 07 ☐ 08

Roster row done ☐ Boxing Sask category: \_\_\_\_\_ Fee or credit: \_\_\_\_\_

KidSport: ☐ applied ☐ received, \$ \_\_\_\_\_ Jumpstart: ☐ applied ☐ received, \$ \_\_\_\_\_ Club cost help: \_\_\_\_\_